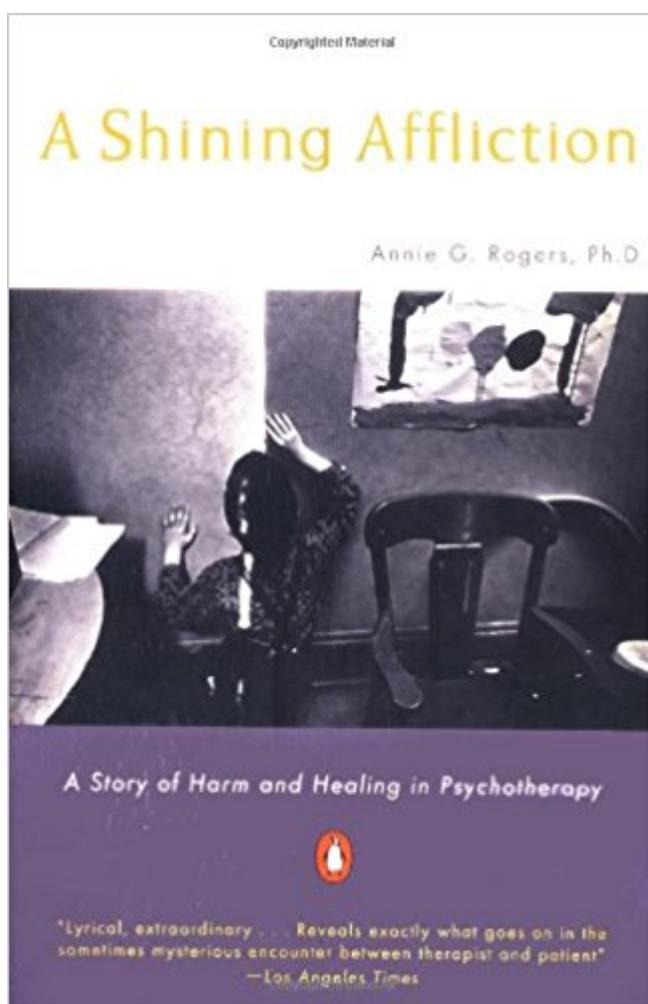


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# A Shining Affliction: A Story Of Harm And Healing In Psychotherapy



## Synopsis

"Soars into sublime meditation...what makes this book so extraordinary is her willingness to reveal exactly what goes on in the sometimes mysterious encounter between therapist and patient."&#151;The Los Angeles Times.

## Book Information

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## Customer Reviews

Rogers pulls us with disarming directness into her treatment, during her psychiatric internship, of a severely traumatized five-year-old boy. The touching appeal of the interactions between them then propel us into the frightening core of Rogers' book--her own rapid decline into psychosis and institutionalization. This was triggered by the child's expression of his horrifying fears and her own initial therapist's rejection of her. Only the ministrations of a second unusually gifted psychoanalyst helped Rogers reassemble her shattered psyche. The multifaceted, two-way healing that occurred between the young intern struggling for emotional truth and the "untreatable" child finally enabled Rogers to recall the searing pain and frustration she experienced and challenge some of modern psychotherapy's basic tenets. Although mostly straightforward enough, Rogers leaves curiously unexamined the aborted relationship with her first, rejecting therapist, which makes her account jarringly incomplete despite its overall mesmerizing force. Whitney Scott --This text refers to an out of print or unavailable edition of this title.

... stern and compassionate understanding . . . -- The New York Times Book Review

A beautifully written book. Annie Rogers writes about her client's and her own story with depth and wisdom. This book is a testimony that relationships are the most healing vehicle we have, no matter what kind of harm has been done.

If you want to know what doing play therapy is like, read this! Plus it's such a well-written, compelling story. Great read. Especially great for child therapists in training. Recommend! I wish I could meet Annie Rogers in person...

I really enjoyed this book. It clarified and solidified a lot for me. Really listening to someone deeply can be difficult, it's a lot easier to shut yourself off. It's interesting how we hide behind so much to keep ourselves safe. Why do we find comfort in having someone to assign fault to? What purpose does this really serve? Does it just make the painful aspects of our reality easier to handle? Or does it simply allow us to shirk our own responsibility? Probably both. Life, people, and relationships would be really easy to navigate where everything to be black and white. What a manageable, simplified reality to exist in. Sounds super boring to me! Bless this woman for her courage to share her story! I, for one, am grateful.

Beautiful writing for a painful subject, this autobiographical book is intense and absorbing throughout. As an intern in clinical psychology, Annie Rogers is assigned 5-year-old Ben, whose life has been filled with trauma. He is the first child she treats, but she shows herself to be an intuitive and insightful healer. Her brilliant work stands in contrast to what she has suffered in her own life, and continues to suffer. Her psychotherapist is not just unhelpful but brutally insensitive, and only later, after a devastating experience, is Rogers able to find a path to wholeness for herself, in the warm, accepting presence of the analyst Dr. Sam Blumenfeld. The two journeys, Annie's and Ben's, intertwine throughout the book, each a mirror for the other. Rogers weaves a narrative of child abuse, adult trauma, and surprising, incandescent hope. There will be more healing to come. This book is a must read for anyone who is in the field of psychotherapy, or interested in it, or who has suffered trauma and its aftereffects, including inaccurate, sometimes destructive diagnoses - or for anyone who is engaged by the different ways of being human.

This book touched me as a chaplain so many ways. It was an intimate portrait of what Nouwen's 'wounded healer' looks like, and why they're so invaluable.

This book touches the soul of anyone entering the field of psychotherapy. It tells of healing through relationship; of pain healing pain; patient healing the healer. It is a story of hope. It grants permission to us to be real humans as we are changed by those who come to us to change.

Haven't finished yet, but keep coming back to it a year after the class that required it is over. Beautiful style of writing that captivates you with every page turn, it's easy to paint the visuals/movie in your mind as you read. Great shipping and seller.

Annie shows the fragility of the patient therapist relationship through her own astonishing story: going from the therapist perspective to the patient perspective flawlessly. The lesson that will stick with me : we can only know what we need.

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